



LUNCH MENU

SOUPS & SALADS

CORN & CLAM CHOWDER	Cup 10.95	Bowl 12.95
grilled corn, clams, cream, mirepoix, sweet potatoes		
MIXED GREEN SALAD ^{GF}		9.75
choice of dressings – raspberry vinaigrette, gorgonzola, honey balsamic, citronette		
MERMAID COBB ^{GF}		17.50
turkey, bacon, monteray jack, asparagus, avocado, grape tomatoes, mixed greens		
KALE & ROMAINE CEASAR		15.75
grape tomatoes, parmesan, house made focaccia croutons		
MEZZE PLATE		15.95
roasted garlic hummus, tzatziki, olives, grilled pita chips		
<i>You can add the following to any salad:</i>		
<i>grilled chicken... 7.00</i>	<i>fried calamari... 4.00</i>	<i>shrimp... 9.00</i>
		<i>cheese... 2.50</i>

STARTERS

SHRIMP COCKTAIL ^{GF}	19.95
CLAMS ON THE HALF SHELL (1/2 DOZEN) ^{GF}	11.95
CHICKEN FINGERS	13.95
honey mustard dipping sauce & curly fries	
STEAMED MUSSELS	17.95
tomato, fennel, chili flakes -or- white wine & garlic	
FRIED CALAMARI	17.95
served with spicy tomato dipping sauce	
BUFFALO CHICKEN WINGS ^{GF}	13.95
Served with gorgonzola dipping sauce & celery	
MERMAID CRABCAKES	22.50
red onion caper tartar sauce & pineapple slaw	
FRESH FRUIT PLATE	14.95
seasonal fruit with Greet yogurt & homemade granola	

WRAPS & PANINIS

CUBAN MEDIA NOCHE	16.95
roast pork, ham, muenster, pickles & a side salad	
ROASTED VEGETABLE & PORTOELLO PANINI	15.95
fresh arugula, goat cheese & a side salad	
SMOKED TURKEY & RANCH PANINI	15.75
hickory smoked bacon, tomato, white cheddar cheese, house made ranch, & a side salad	
THAI CHICKEN WRAP	15.95
vegetables, Asian noodles, peanut sauce & a side salad	
TUNA SALAD WRAP	15.95
chunk white meat, celery, onions & curly fries	
CHUNKY CHICKEN SALAD WRAP	15.95
dijon mustard, celery & curly fries	
PEANUT BUTTER & JELLY WRAP	12.75
served with fresh fruit	

BURGERS & GRILL

Toppings... bacon, mushrooms, sautéed onions or cheese 2.50

All burgers are ½ lb & served with curly fries, cole slaw, pickle, lettuce & tomato

BBQ CHICKEN SANDWICH	14.95
white cheddar, caramelized onions & Carolina BBQ sauce	
GRILLED FRESH CATCH OF THE DAY*	19.95
served on a roll with curly fries or on a bed of mixed greens	
FRIED GROUPER SANDWICH	19.95
seasoned and floured, served with tartar sauce & curly fries	
HAMBURGER*	15.95
CHEESEBURGER*	16.95
BLACK BEAN BURGER	15.25
house made patty, smoked paprika aioli	

*these items may be served raw or not cooked a temperature to destroy harmful bacteria. Consuming raw or undercooked meats, shellfish or fish may increase your risk of food borne illness if you have certain medical conditions

ENTREES

FISH TACOS	20.95
cabbage slaw, salsa verde, rice & frijoles	
QUESADILLA	15.95
pepperjack cheese, served with tomato salsa, guacamole & sour cream	
Add grilled chicken	18.50
LOBSTER ROLLS	34.95
classic lobster salad on two sweet rolls served with curly fries	